



## Just for Today

### *Shake it up*

Nothing ever gets accomplished through mediocrity. It's that fire, that passion, that burning deep down in the soul that creates greatness.

OK, would you settle for just getting out of your rut a little? Push the business "out there" instead of sitting waiting for what comes in.

**Just for today:** Get pro-active. Jump up and down to shake up those brain cells (chances are they need a good airing) and DO - do one thing that's 1% outside your comfort zone. Schedule a meeting you've been avoiding. Make a phone call to say, sorry I didn't follow up. Call a colleague, a supporter, or a friend and say "can you help me with this?" Create your own empowerment. Remember, no matter how scary it is, you just need to do it TODAY.

*Angela*