



Workshop: Getting More Out of Life

Getting More Out of Life: Me, C.E.O. of MYLIFE Inc.
Workshop Duration: 3 hours

Workshop Description

What if all that it took to have what you want and to be what you want to be was nothing more than a skill set - something like running your life like a business.

What if you believe that “low self esteem”, “fear of success”, “fear of failure”, circumstances or environment are your personal roadblocks? You might just be mistaken.

Those “blocks” may be nothing more than learning the “how to’s” and understanding the skills that are needed to be in charge of your life - C.E.O. of Mylife, Inc.

Learn what it takes to be in charge of your time, situation and self. Discover skills and tools you can use to defeat self-limiting beliefs. Become the credible, attractive, successful, focused AWESOME woman you want to be.

Who Should Attend

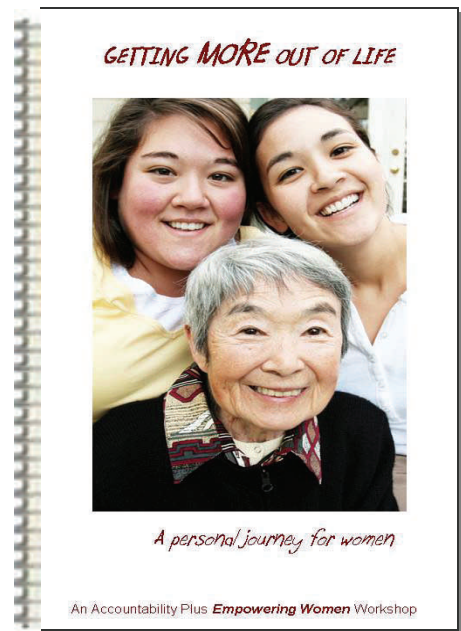
This workshop is for women in all walks of life. Employees, Self-Employed, Sales, Moms - all women who want a clearer vision for their lives and need to learn how to step up and take charge.

What You Will Learn

- How to create a realistic vision for your future
- How to set priorities
- How to break goals into achievable action steps

At the end of this workshop, you will have the tools to:

- Focus on the important things
- Manage the stress more effectively
- Operate your life and your work with greater efficiency



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\$89 + gst.



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