



Workshop: Time Management for Busy Women

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Workshop Duration: 3 hours

Workshop Description

It's not a one-size-fits all solution. Traditional time management solutions don't work for women. Why? Partly because of our belief systems, partly because of socialization and mostly because we're the ones charged with "family first". And in our instant messaging, multi-tasking world, we're just not keeping up. Time Management for Busy Women tackles our beliefs from the core out and gives you practical, instantly implementable ways to make life more manageable.

Who Should Attend

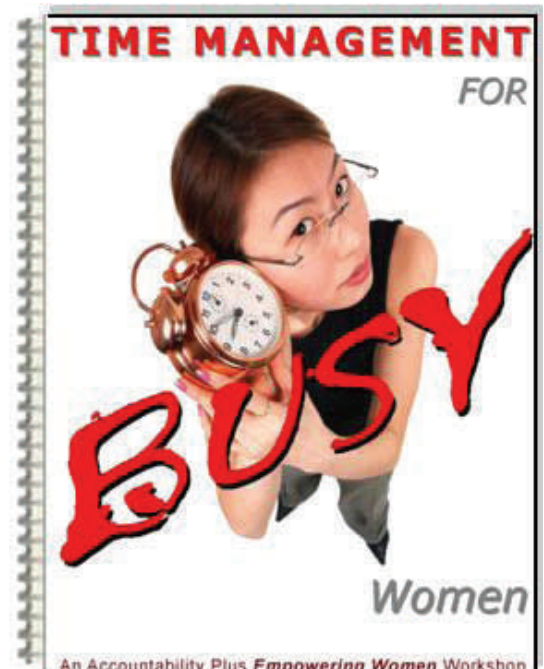
This workshop is for working women, *Wonderwomen*, and women who own businesses; it's for moms, spouses, daughters - any woman who needs more hours in the day and more days in the week.

What You Will Learn

- Procrastination vs. Overwhelm
- How to create a virtual support system
- How to set realistic priorities
- How to manage yours, and your family's expectations

At the end of this workshop, you will be equipped to:

- Manage your time better
- Prioritize your tasks
- Delegate
- Create a realistic schedule to balance work/business/life



[REGISTER HERE](#)

\$89.00 + GST

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